

CHILKUR BALAJI COLLEGE OF PHARMACY



(Affiliated to JNTUH, Approved by PCI, Accredited by NAAC)
R.V.S. Nagar, Aziz Nagar (Post), Moinabad Road, Near: T.S. Police Academy

HYDERABAD-500075. Mobile: 9493539631 Ph. No: 08413-202295

Date: 18-06-2025

CIRCULAR

It is here by informed to all the Faculty members and Students that the NSS unit of our college is organizing **International Yoga day** on **20-06-2025** in CBCP Seminar Hall in order Create Awareness among the students and to make them Practice Yoga to improve the Quality of Life.

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PRINCIPAL

PRINCIPAL
Chilkur Balaji College of Pharmacy
R.V.S. Nagar, Aziz Nagar (Post),
Moinabad Road, Near Police Academy,
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Date: 21-06-2025

A BRIEF REPORT ON INTERNATIONAL YOGA DAY

Name of the Activity : INTERNATIONAL YOGA DAY

Date of activity : 20-06-2025

No of Students attended : 100

The NSS Unit of Chilkur Balaji College of Pharmacy has celebrated "INTERNATIONAL YOGA DAY". The Students were trained up with yoga exercises that improve body flexibity, reduce stress, anxiety etc. The students were also trained up with yoga exercises that helps in maintaining concentration levels to focus on studies.

Students also created awareness in the community by spreading the benefits of Yoga. The w/1/2

Programme was made Successful by B.Pharm and Pharm.D students.

NSS Co-ordinator

Mrs.M.Shiroja

Mr.Praveen Kumar

CO-ORDINATOR Chilkur Balaji College of a R.V.S.Nagar, Aziz Nagar (-ost) Moinabad Road, Police A ;ademy HYDERABAD-500 075

Email: cbcpedu.org@gmail.com

Mrs.N.Swarna

Co-ORDINATOR alaji College of Pharmacy R.V.S.Nagar, Aziz Nagar (Post) Moinabad Road, Police Academy ABAD 500 075

Dr.Chandrasekhara Rao Baru

PRINCIPAL

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